TOGA MEASUREMENT INSTRUCTIONS

The measurement must be taken with a flexible tape (tape measure). To measure your toga, follow these simple instructions:

1. **Head Measurement** - measure the head circumference in centimeters (broken line) as can be seen in the illustration below.

![Top view diagram showing head measurement](image)

*TIP: I don’t have a tape measure. What can I use?*

*If you do not have a tape measure, use any cloth or paper long enough to cover the circumference of your head, and then match the measurement against a ruler.*